



Menopause Champions – October 2025

Feel free to contact any of the Champions listed below or email sft.menopausechampion@nhs.net

First Name	Last Name	Job Title	Department	Email
Annie	Hawkins	Consultant in Obstetrics and Gynaecology	Obs & Gynae	annie.hawkins@nhs.net
Andrea	Yeadon	People Business Partner	OD&P	andrea.yeadon@nhs.net
Bisola	Adebomi	Occupational Health Practice Nurse	Occupational Health	bisola.adebomi@nhs.net
Carolyn	Taylor	Medical Secretary to Vascular Surgeons	Vascular and Diabetes Unit	carolyn.taylor7@nhs.net
Carys	Steedon	Specialist Nurse in Gynaecology	Obs & Gynae	carys.steedon@nhs.net
Cathy	Polley	Information Governance Deputy Manager	Information Governance	cathy.polley@nhs.net
Cristina	BaamondeRamonde	ICU Staff Nurse	Radnor	cristina.baamonderamonde@nhs.net
Dawn	Whitmarsh	Practice Educator	Education	dawn.whitmarsh1@nhs.net
Donna	Gurd	OT Team Leader	Medical & Surgical Therapy	donna.gurd@nhs.net
Emma	Smith	Gym Team Leader/GP Referral Officer	Odstock Health & Fitness	e.smith14@nhs.net
Emily	Brown	Sister	Odstock Ward	emily.brown1@nhs.net
Hayley	Porter	Pharmacy Support Worker Homecare Services	Pharmacy	hayley.porter4@nhs.net
Helen	Clemow	Knowledge Specialist	Healthcare Library	helen.clemow@nhs.net
Helen	Vance	Occupational Therapist	Medical/Surgical Team	helen.vance@nhs.net
Julia	Burton	Dementia Educator & Support Coordinator	Education	julia.burton1@nhs.net
Julie	Fisher	E-Roster Team Leader	OD&P	julie.fisher30@nhs.net
Katie	Glasson	Hospice @ Home Team Leader	Hospice	katie.glasson@nhs.net
Kirsty	Green	Senior Improvement Practitioner	Coach House	kirsty.green14@nhs.net
Laura	Soul	ESR Administration and Data Quality Manager	OD&P	laura.soul@nhs.net
Liz	Legg	Booking Co-ordinator	Central Booking	elizabeth.legg@nhs.net
Lorna	Bidgood	Team Leader	Hospice	lorna.bidgood@nhs.net
Louise	Brown	Risk Management & Datix Administrator	Risk Management	louise.brown30@nhs.net
Lydia	Davies	Deputy Head of Comms	Comms	lydia.davies6@nhs.net
Maryem	Elsharkawy	Occupational Health Physiotherapist	Occupational Health	maryem.elsharkawy@nhs.net
Natalie	Dawson	CUP and NSS CNS	Cancer Management	natalie.dawson16@nhs.net
Nikki	Boardman	Lead PMA/Retention Lead	Maternity	nboardman@nhs.net
Nikki	Lee	Senior Sister	Pre-Op Assessment	nikki.lee1@nhs.net
Sandra	Grihault	Equality, Diversity & Inclusion Officer	Education	sandra.grihault1@nhs.net
Sandy	Woodbridge	Dementia Lead Nurse	Education	sandy.woodbridge@nhs.net
Sophia	Strong-Sheldrake	Clinical Trials Assistant	Research	s.strong-sheldrake1@nhs.net
Sophie	Trim	OD and People Programme Lead	OD&P	sophie.trim@nhs.net
Vikki	Finch	Sister	Pre-Op Assessment	vikki.finch1@nhs.net