

Healthcare Library

Resource List

March 2023



Ability Confident Network

Salisbury Healthcare Library is proud to support the Ability Confident Network

All Trust staff and students can access the Healthcare Library and become a member. Library members also get 24/7 access to the library building so you can visit us at any time and use our resources.

The Healthcare Library is staffed Monday – Friday 09:00 – 16:00.

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For further information or support please contact the Library:

Phone: 01722 429054 Or 01722 336262 ext 5335

Email: sft.library.office@nhs.net

Visit our website: <http://www.library.salisbury.nhs.uk/>

and follow us on Twitter: [@SDHLibrary](https://twitter.com/SDHLibrary)



Books

A selection of books currently held in the library.



All books held in Salisbury Healthcare Library and across libraries in the Southwest can be searched on the [SWIMS catalogue](#)

To borrow any of these books please visit the library or email us and we can put them aside for you. If you are not already a member just complete this [membership form](#).

Click on each title for more information. Access ebooks with an NHS Open Athens username and password. To register go to: <https://openathens.nice.org.uk/>

[BMA bad back book](#)

editors Priyanjali Narain, Isha Sharma 2018.

Edition: 2nd ed

Shelf mark: [WE458](#)

[Disabling barriers - enabling environments](#)

edited by John Swain ...[et al] 2014.

Shelf mark: [WB600](#)

[Explain pain](#)

David S. Butler and G. Lorimer Moseley 2013.

Shelf mark: [WL800](#)

[Living with chronic illness and disability : principles for nursing practice](#)

edited by Esther Chang and Amanda Johnson 2018.

Edition: 3rd ed

Shelf mark: [WB613](#)

[Overcoming chronic pain : a self-help guide using cognitive behavioral techniques](#)

Frances Cole, Helen MacDonald and Catherine Carus 2020.

Edition: 2nd Edition

Shelf mark: [WL830](#)

[Pain and prejudice : a call to arms for women and their bodies](#)

Gabrielle Jackson 2019.

Shelf mark: [WP120](#)

[Removing barriers \(game\)](#)

originally created by Toyah Wordsworth [2016].

Shelved with games: [WB622](#)

An educational board games designed to raise awareness of the barriers faced by disabled people.

New Books Coming Soon

[A radical guide for women with ADHD : embrace neurodiversity, live boldly and break through barriers](#)

Sari Solden. 2019.

Shelf mark: [WS736](#)

[Is that clear? : effective communication in a neurodiverse world](#)

Zanne Gaynor, Kathryn Alevizos, Joe Butler. 2020.

Shelf mark: [WLM816](#)

[Neurodiversity at work : drive innovation, performance and productivity with a neurodiverse workforce](#)

Theo Smith, Amanda Kirby. 2021.

Shelf mark: [WX422](#)

[The dyslexia ADHD and DCD-friendly study skills guide : tips and strategies for exam success](#)

Ann-Marie McNicholas. 2020.

Shelf mark: [L126](#)

[The neurodiverse workplace : An employers guide to managing and working with neurodivergent employees, clients and customers](#)

Victoria Honeybourne 2020.
shelf mark: WX422

If you would like to suggest any new books for purchase, please contact the library.

Useful Contacts

A selection of organisations providing information and/or resources.

ADHD Foundation <https://www.adhdfoundation.org.uk/>

The ADHD Foundation is the UK's leading neurodiversity charity, offering a strength-based, lifespan service for the 1 in 5 people who live with ADHD, Autism, Dyslexia, DCD, Dyscalculia, OCD, Tourette's Syndrome and more. They have a very comprehensive Resource Hub which covers all sorts of aspects of living with a condition.

The Brain Charity <https://www.thebraincharity.org.uk/>

Champion neurodiversity and help anyone affected by a neurological condition to pick up the pieces so they can rebuild their lives and achieve their potential through practical help, emotional support, and social activities for individuals and their family, friends, and carers too.

Mind <https://www.mind.org.uk/>

Mind's mission is to not give up until everyone experiencing a mental health problem gets support and respect. Their website includes information on the various mental health conditions along with tips for everyday living, online peer support, and information on legal rights and discrimination at work.

National Autistic Society <https://www.autism.org.uk/>

Their mission to help the 700,000 autistic people in the UK and their families through running specialist schools, campaigning for improved rights or training companies on being more autism-friendly. Their website includes an advice, guidance and support section.

Pain UK <https://painuk.org/members/charities/>

Pain UK is an alliance of charities providing a voice for people in pain. Their website includes a link to the 42 charities representing a wide range of conditions.

Scope <https://www.scope.org.uk/>

A community of disabled and non-disabled people with a shared vision of equality. Provide practical advice and emotional support whenever people need them most through the Scope helpline, online community, a range of employment and child sleep services, community engagement programmes, partnerships and more. Their website provides help and advice on benefits, the cost of living, work and careers, equipment and technology, home adaptations, legal information, mental health, social care, education, relationships, travel, and exercise.

Finding Information Online

The Library can support you with finding health information online, whether you want to find information about specific conditions or you want to do a little reading about different treatments and interventions.

The Library can also support you with evidence searches if you are looking for best practice examples from across the NHS and from different sectors. If you are working on an improvement project or looking to develop a service or a policy and would benefit from a search of the evidence please contact the Library.

Simply ask us in person, over the phone or via email and we can arrange to show you some hints and tips to find good quality, reliable health information online.

UpToDate and BMJ Best Practice

Patient education leaflets providing easy to read information on many medical conditions are available from both **UpToDate** and **BMJ Best Practice**.



Keep up to date with UpToDate - an evidence-based clinical decision support resource. Available from the intranet home page or Hospital Web Apps without a login. For more information on UpToDate go to <https://www.uptodate.com/>

BMJ Best Practice

Fast access to the latest evidence-based diagnosis and treatment guidance to support your clinical decisions. Available from the intranet home page or Hospital Web Apps without a login. For more information on BMJ Best Practice go to <https://www.bmj.com/company/hee/>

UpToDate and BMJ Best Practice are accessible from work or from home. At home log in with an NHS Open Athens username and password. To register go to: <https://openathens.nice.org.uk/> Mobile app versions of both products are also available.

Carers Corner

New Carers Corner for Staff in the Healthcare Library

Staff who are also carers are welcome to relax in this quiet area in the library where books and information to support carers are available.

Staff Wellbeing Space

Health and Wellbeing Space for Staff in the Healthcare Library

Staff are welcome to use the area to relax in comfy chairs within the quiet environment of the library.

- Bring a drink
- Read and take out books from our fiction and moodboosting collections
- Help complete a jigsaw
- Do some colouring

Feedback

This resource list was produced by Salisbury NHS Foundation Trust Healthcare Library. If you have any feedback or comments please contact sft.library.office@nhs.net



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