

Healthcare Library

Resource List

February 2023



Race Equality

Salisbury Healthcare Library is proud to support the Race Equality Network

All Trust staff and students can access the Healthcare Library and become a member. Library members also get 24/7 access to the library building so you can visit us at any time and use our resources.

The Healthcare Library is staffed Monday – Friday 09:00 – 16:00.

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For further information or support please contact the Library:

Phone: 01722 429054 Or 01722 336262 ext 5335

Email: sft.library.office@nhs.net

Visit our website: <http://www.library.salisbury.nhs.uk/>

and follow us on Twitter: [@SDHLibrary](https://twitter.com/SDHLibrary)



Books

A selection of relevant books held in the library.



All books held in Salisbury Healthcare Library and across libraries in the Southwest can be searched on the [SWIMS catalogue](#)

To borrow any of these books please visit the library or email us and we can put them aside for you. If you are not already a member just complete this [membership form](#).

Click on each title for more information. Access e-books with an NHS Open Athens username and password. To register go to: <https://openathens.nice.org.uk/>

[100 great black Britons](#)

Patrick Vernon, Angelina Osborne 2020.
Shelf mark: HM200

[The 5 disciplines of inclusive leaders : unleashing the power of all of us](#)

Andreüs T. Tapia & Alina Polonskaia ; foreword by Kevin Cashman. 2020.
E-book

[Anti-discriminatory practice : equality, diversity and social justice](#)

Neil Thompson. 2021.
Shelf mark: HV118

[Black and blue : the origins and consequences of medical racism](#)

John Hoberman. 2016.
E-book

[Brit\(ish\) : on race, identity and belonging](#)

Afua Hirsch. 2018.
E-book

[Cane warriors](#)

Alex Wheatle. 2020.
Shelf mark: PZ

[Counseling the culturally diverse : theory and practice](#)

Derald Wing Sue, David Sue, Helen A. Neville, Laura Smith. 2019.
E-book

[Cultural awareness in nursing and health care : an introductory text](#)

by Karen Holland 2018.
Edition: 3rd ed
Shelf mark: WA90

[Diversity and cultural awareness in nursing practice](#)

edited by Beverley Braithwaite 2020.
Edition: 1st
Shelf mark: WY24

[Don't touch my hair](#)

Emma Dabiri. 2020.
E-book

[The good immigrant](#)

ed. Nikesh Shukla. 2016.
E-book

[The good immigrant](#)

edited by Nikesh Shukla. 2017.
Shelf mark: HM270

[How to be an antiracist](#)

Ibram X. Kendi. 2019.

E-book

[I am not your baby mother : what it's like to be a black British mother](#)

Candice Brathwaite. 2020.

Shelf mark: WQ112

[Making sense of microaggressions](#)

Susan Cousins, Barry Diamond. 2021.

Shelf mark: HM235

[Me and white supremacy : combat racism, change the world, and become a good ancestor](#)

Layla Saad. 2020.

Classmark: HM270

[Overcoming everyday racism : building resilience and wellbeing in the face of discrimination and microaggressions](#)

Susan Cousins Snr Accred MBACP with Cheryl Hill, MRCOT. 2019.

E-book

[So you want to talk about race](#)

Ijeoma Oluo. 2019.

Shelf mark: HM270

[Supporting people living with dementia in Black, Asian and minority ethnic communities : key issues and strategies for change](#)

edited by David Truswell 2020.

Shelf mark: WM224

[This is why I resist : don't define my black identity](#)

Shola Mos-Shogbamimu. 2022.

Shelf mark: HM268

[White fragility : why it's so hard for white people to talk about racism](#)

Robin DiAngelo. 2019.

E-book

[White fragility : why it's so hard for white people to talk about racism](#)

Robin DiAngelo ; foreword by Michael Eric Dyson. 2019.

Shelf mark: HM270

[Why I'm no longer talking to white people about race](#)

Reni Eddo-Lodge 2018.

Shelf mark: HM270

If you would like to suggest any new books for purchase, please contact the library.

Useful Contacts

A selection of organisations providing information and/or resources relating to Race Equality.

Race Equality Foundation (<https://raceequalityfoundation.org.uk/>)

Race Equality Matters (<https://www.raceequalitymatters.com/>)

NHS England (<https://www.england.nhs.uk/>)

Combating racial discrimination against minority ethnic nurses, midwives and nursing associates
<https://www.england.nhs.uk/publication/combating-racial-discrimination-against-minority-ethnic-nurses-midwives-and-nursing-associates/>

Equality 4 Black Nurses (<https://www.equality4blacknurses.com/>)
Encouraging Nurses to Stand up Against Racism

Dare to CARE (Creating an Anti-Racist Environment) (<https://www.essex.ac.uk/>)

This project has been created with the purpose of helping health and social care staff tackle racism in their workplaces. Whether you're a Black or Asian staff member looking for support, or a white colleague who wants to know how to be an ally, the project have collated resources to assist in ending racism and racist incidents in health and social care settings.

<https://www.essex.ac.uk/departments/health-and-social-care/dare-to-care>

Kings Fund (<https://www.kingsfund.org.uk/>)

- Support if you have experienced racism or discrimination
<https://www.kingsfund.org.uk/projects/inequalities-inclusion-nhs-providers/support-racism-discrimination>
- 'A long way to go': ethnic minority NHS staff share their stories
https://features.kingsfund.org.uk/2020/07/ethnic-minority-nhs-staff-racism-discrimination/index.html?_ga=2.154759352.1833301529.1675769847-867718499.1675769847&_gac=1.15991426.1675769865.EAlalQobChMI7tfDkamD_QIVGLLtCh217AweEAAYAiAAEgKIVvD_BwE

Future NHS Collaboration Platforms (<https://future.nhs.uk/>)

The FutureNHS Collaboration platform is the only virtual collaboration platform from the NHS that supports people working in health and social care to make change, improve and transform across organisations, places and professions. The platform allows members to respond quickly to the changing health and care landscape. You can request access [here](#). Please note that you may also need to apply to join each individual workspace.

- **Stay and Thrive Future NHS workspace**
The community of action is an activist group, sharing, testing and implementing ways to support colleagues who are internationally recruited, creating the conditions where these colleagues feel a strong sense of belonging, can do their best work and build their careers.
<https://future.nhs.uk/NEYInternationalRetention>
- **Workforce Race Equality Future NHS workspace**
This workspace brings together Workforce Race Equality Standard (WRES) experts and WRES frontline staff forum members to share information, ideas and resources.
<https://future.nhs.uk/workforceRE/groupHome>

Finding Information Online

The Library can support you with finding health information online, whether you want to find information about specific conditions or you want to do a little reading about different treatments and interventions.

The Library can also support you with evidence searches if you are looking for best practice examples from across the NHS and from different sectors. If you are working on an improvement project or looking to develop a service or a policy and would benefit from a search of the evidence please contact the Library.

Simply ask us in person, over the phone or via email and we can arrange to show you some hints and tips to find good quality, reliable health information online.

UpToDate and BMJ Best Practice

Patient education leaflets providing easy to read information on many medical conditions are available from both **UpToDate** and **BMJ Best Practice**.



Keep up to date with UpToDate - an evidence-based clinical decision support resource. Available from the intranet home page or Hospital Web Apps without a login.

For more information on UpToDate go to <https://www.uptodate.com/>

BMJ Best Practice

Fast access to the latest evidence-based diagnosis and treatment guidance to support your clinical decisions. Available from the intranet home page or Hospital Web Apps without a login.

For more information on BMJ Best Practice go to <https://www.bmj.com/company/hee/>

UpToDate and BMJ Best Practice are accessible from work or from home. At home log in with an NHS Open Athens username and password. To register go to: <https://openathens.nice.org.uk/>
Mobile app versions of both products are also available.

Carers Corner

New Carers Corner for Staff in the Healthcare Library

Staff who are also carers are welcome to relax in this quiet area in the library where books and information to support carers are available.

Staff Wellbeing Space

Health and Wellbeing Space for Staff in the Healthcare Library

Staff are welcome to use the area to relax in comfy chairs within the quiet environment of the library.

- Bring a drink
- Read and take out books from our fiction and moodboosting collections
- Help complete a jigsaw
- Do some colouring

Feedback

This resource list was produced by Salisbury NHS Foundation Trust Healthcare Library. If you have any feedback or comments please contact sft.library.office@nhs.net



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